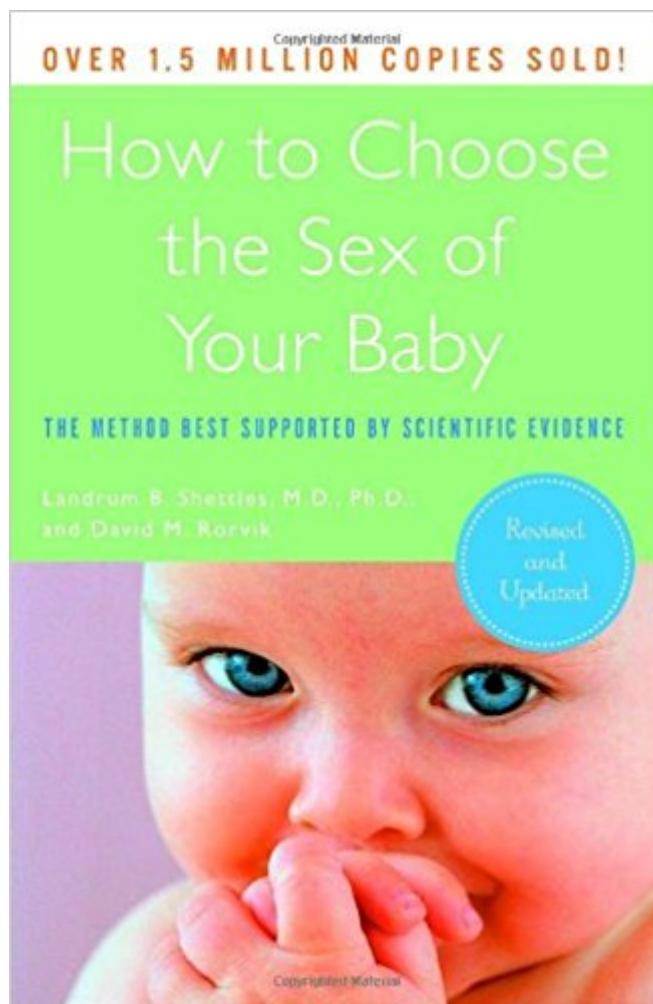


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# How To Choose The Sex Of Your Baby: Fully Revised And Updated



## **Synopsis**

For almost forty years, *How to Choose the Sex of Your Baby* has been the standard reference for couples trying to increase their chances of having the son or daughter they hope for. In this new edition of their classic book, Dr. Shettles and David Rorvik provide authoritative scientific studies and compelling anecdotal evidence demonstrating that the Shettles method continues to produce results unmatched by any other method. Dozens of testimonials confirm its ease of use and rate of success. *How to Choose the Sex of Your Baby* explains the simple, at-home, noninvasive Shettles method and presents detailed steps to take to conceive a child of a specific gender. The properly applied Shettles method gives couples a 75 percent or better chance of having a child of the desired sex. Some researchers have reported success rates of up to 90 percent!

## **Book Information**

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## **Customer Reviews**

Over the last twenty-five years, thousands of couples have turned to the Shettles method for choosing the sex of their babies. And thousands have been blessed with the boy or girl they hoped for. In fact, the properly applied Shettles method gives couples at least a 75 percent chance of having a child of the desired sex. Some researchers have reported success rates up to 90 percent!

Many sex selection methods have come and gone, but the Shettles method - constantly under scrutiny and continually refined - has endured. In this newly revised edition, Dr. Shettles weighs the pros and cons of the more sophisticated clinical tests, presents information on the new ovulation-timing technologies, and gives recommendations for how these developments can help achieve even better results when applied to the simple, at-home Shettles method - still the best way

to conceive the boy or girl you always wanted.

LANDRUM B. SHETTLES, M.D., Ph.D., was an associate professor of obstetrics and gynecology at Columbia University's College of Physicians and Surgeons and director of research at the New York Fertility Foundation. He is the coauthor of *From Conception to Birth: The Drama of Life*'s Beginnings. DAVID RORVIK is a former Time magazine science and medicine reporter and has contributed articles to the New York Times Magazine, Harper's, Reader's Digest, and other magazines.

The book itself is good, but I was looking for more in-depth information that I couldn't find on google. There wasn't one thing that I read that I hadn't already found out from my online research. Save yourself some money, and Google it.

I followed this book and I'm now typing this while my little boy takes his nap. The timing method was effective.

Really works!

Very helpful and informative!! This book was read in preparation of ttc so the proof has not been attempted to be out in the pudding just yet....

GREAT

My husband and I are excited to try out the techniques and hoping third times a charm! Fingers crossed for a happy healthy baby no matter boy or girl.

Worked

This book provides good scientific information written in language one can understand if they want to try sex selection for a child, but no guarantees. The book is somewhat repetitive in some areas.

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